



The  
**expert**  
in anything  
was once a  
**beginner.**  
-Helen Hayes

3 positives about my week:

- 1.
- 2.
- 3.

How many can you tick off today?

- I had fun
- I worked hard
- I felt proud
- Someone smiled at me



**Don't wait until you  
reach your goal to be  
proud of yourself.  
Be proud of every  
step you take.**

*Karen Selmanova*

3 positives about my week:

- 1.
- 2.
- 3.

How many can you tick off today?

I was a good friend

I didn't give up

I am getting better at something

Someone played with me



in this room,  
we don't do  
**easy**  
we make  
easy happen  
through  
**hard  
work**  
& learning

3 positives about my week:

- 1.
- 2.
- 3.

How many can you tick off today?

I heard my favourite song

I did something scary

I hugged someone

Someone said "thank you" to me



IF YOU CAN'T  
THINK OF ANYTHING  
NICE TO SAY,  
YOU'RE NOT THINKING  
HARD ENOUGH  
KID PRESIDENT

KENSIEKATE.COM

3 positives about my week:

- 1.
- 2.
- 3.

How many can you tick off today?

I heard my favourite song

I did something scary

I hugged someone

Someone said "thank you" to me