

Frinton on Sea Primary School

Family Support Newsletter February 2021

Hello and welcome to our latest newsletter to support Frinton's Family of home schoolers! We hope that you find the help and advice in this newsletter useful.

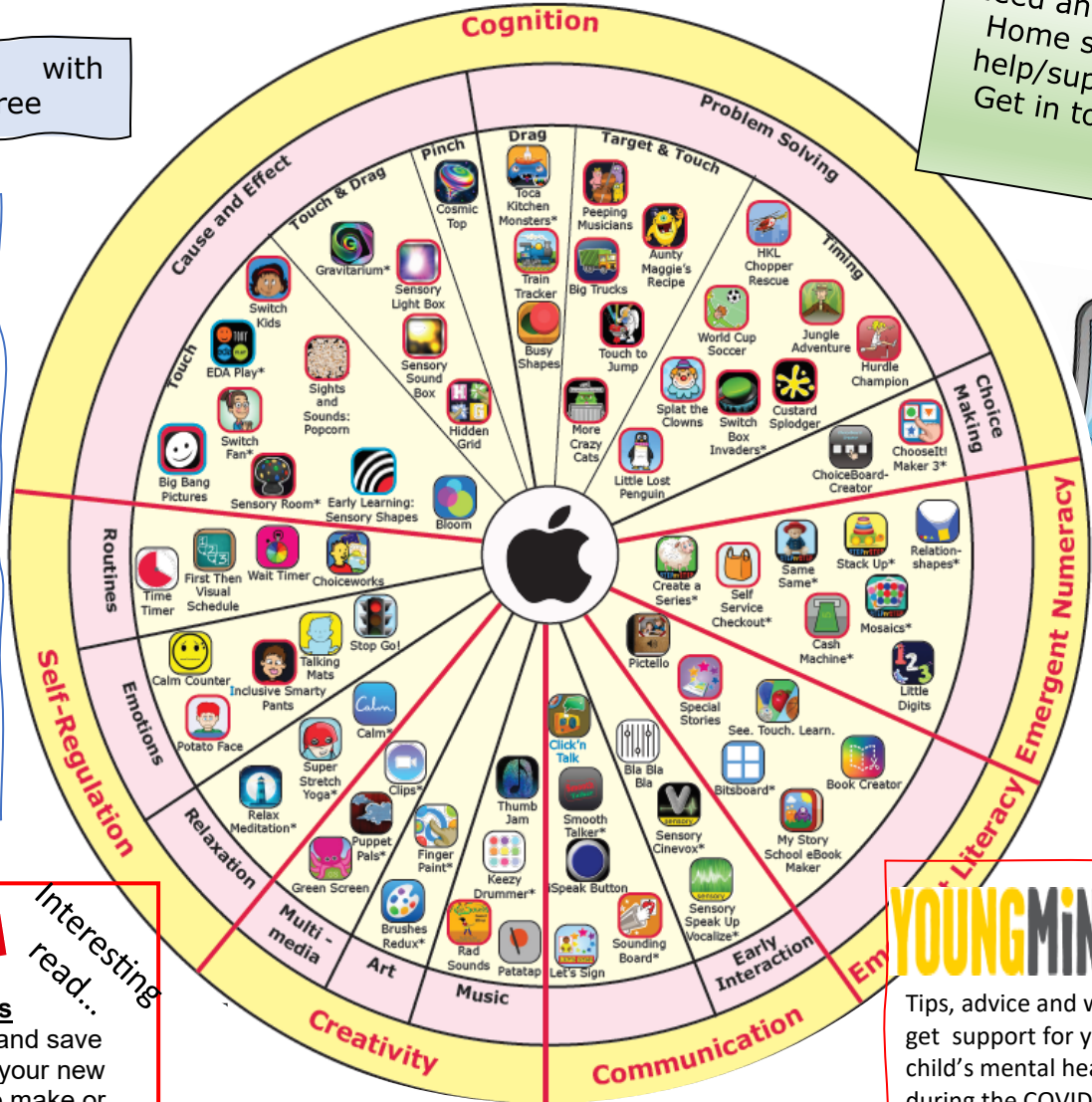
Apps marked with a * are free

Need anything?
Home school help/support?
Get in touch.



Sensory Spectacle have a range of helpful mini online courses, and sensory activity ideas...

<https://us12.camp.ign-archival.com/?u=a08a392428ca485164cd8a214&id=>



Which?

Money-saving tips

21 ways to make and save money in 2021. Is your new year's resolution to make or save more money? Look no further. Which? can help with some tips to help improve your cash flow. Read more: <https://www.which.co.uk/news/money/money-saving-tips/-Which?>

Interesting read...

YOUNGmINDS

Tips, advice and where to get support for your child's mental health during the COVID-19 pandemic.

<https://youngminds.org.uk/fin-d-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/>

Don't suffer in silence

Call the National Domestic Abuse Helpline on: **0808 2000 247** (women)
0808 8010 327 (men)

If you are in immediate danger, call **999**. If you can't talk dial **55** and help will come.

gov.uk/guidance/domestic-abuse-how-to-get-help

Thrift Corner! We have searched the web to find some great deals that could save you ££s!

FREE play ideas and resources!
www.maketime2play.co.uk

NEW JK Rowling text and resources!
www.jkrowling.com/j-k-rowling-introduces-the-ickabog

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